

Medicine: Nutrition Counseling

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This section contains information to assist providers in billing for medicine procedures related to nutrition counseling services.

Diabetes Self-Management

Diabetes self-management training (DSMT) HCPCS codes G0108 (DSMT) (diabetes outpatient self-management training services, individual, per 30 minutes) and G0109 (diabetes outpatient self-management training services, group session [2 or more], per 30 minutes) have the following billing instructions.

Frequency Restrictions

Claims reimbursed in the first continuous 12 months (one year) have the following frequency restrictions:

HCPCS Code	Frequency Restriction
G0108	One (1) hour of individual assessment
G0109	Up to nine (9) hours of group sessions

Claims reimbursed in subsequent years are restricted to two (2) hours per calendar year, combined, as listed in the following units:

HCPCS Code	Frequency Restriction
G0108	Each unit is 30 minutes
G0109	Each unit is 30 minutes

Authorization

Claims with additional number of hours are to be billed with a *Treatment Authorization Request* (TAR), California Children's Services/Genetically Handicapped Persons Program (CCS/GHPP) stamp or CCS Service Authorization Request (SAR).

Billing

HCPCS codes G0108 and G0109 may not be billed on the same date of service as CPT codes 97802 through 97804.

Medical Nutrition Therapy (MNT)

Medical nutrition therapy (MNT) is billed with the following codes and billing instructions:

CPT Code	Description
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97804	Medical nutrition therapy; group (2 or more individuals), each 30 minutes

Frequency Restrictions

Frequency is limited to three hours for the first calendar year and two hours per calendar year in each subsequent year.

Authorization

Claims with additional number of hours are to be billed with a TAR, CSS/GHPP stamp, or CCS SAR.

Billing

CPT codes 97802 thru 97804 may not be billed on the same date of service as HCPCS codes G0108 and G0109.

Legend

Symbols used in the document above are explained in the following table.

Symbol	Description
«	This is a change mark symbol. It is used to indicate where on the page the most recent change begins.
»	This is a change mark symbol. It is used to indicate where on the page the most recent change ends.