
Prescription Referrals: Vision Care

Page updated: August 2020

This section describes requirements for Therapeutic Pharmaceutical Agents (TPAs) prescribed by optometrists.

TPA Prescriptions by Certified Optometrists

The passage of SB 1406 amended the Optometry Practice Act to allow California optometrists to prescribe the following TPAs for the treatment of ocular diseases:

- Topical lubricants
- Anti-allergy agents
- Topical and oral anti-inflammatory agents
- Topical antibiotic agents
- Topical hyperosmotics
- Topical and oral anti-glaucoma agents pursuant to the certification process defined in the law
- Oral anti-histamines
- Oral nonsteroidal anti-inflammatory agents
- Oral antibiotics
- Topical and oral anti-viral agents
- Oral analgesics that are not controlled substances
- Codeine with compounds and hydrocodone with compounds
(use limited to three days)

For additional information, providers should refer to the *California Business and Professions Code*, Section 3041.

Required Information

A prescription is an oral, written or electronic transmission order given individually to a person for that person or for another person. A written prescription must be signed by the prescriber and include all of the following:

- Full name and address of the recipient
- Name and quantity of the prescribed drug or device and directions for use
- Prescription's date of issue
- Prescriber's name, address and telephone number (either rubber stamped, typed, handwritten or typeset), license classification, and if a controlled substance is prescribed, federal registry number
- Legible, clear notice of the condition for which a drug is prescribed, if requested by the recipient

Authorization for Service

Certified optometrists who prescribe TPAs that are not listed in the *Medi-Cal List of Contract Drugs* must request the rendering pharmacist to submit a *Treatment Authorization Request* (TAR) form.

<<Legend>>

<<Symbols used in the document above are explained in the following table.>>

Symbol	Description
<<	This is a change mark symbol. It is used to indicate where on the page the most recent change begins.
>>	This is a change mark symbol. It is used to indicate where on the page the most recent change ends.